

RI District 3203  
Club No 15875  
Chartered 1941

# THE NILGIRI ROTARIAN

October 2025

Editor: Rtn Daksha Bhat

## A Visit to One Rotary Center



Rtn Sheela Bhasin shakes hands with  
the iconic Paul Harris

**Dear Fellow Rotarian,**

Drug abuse among school children is no longer a distant threat; it's happening in our communities, often hidden in plain sight. Substance abuse among young students should alarm every parent, teacher, and policymaker. Yet, the level of awareness and intervention remains abysmally low.



Children are experimenting earlier, often out of curiosity, peer pressure, or as a way to cope with stress and family issues. Without the right information, they are more vulnerable to addiction, and even to fatal overdoses. Schools, which should be safe havens, are at a risk of becoming breeding grounds for this silent epidemic.

A Rotary Action Group has been created to address this issue. With a web address at <https://www.rotaryaddictionprevention.in>, it is a source for information, ideas, and resources to help clubs plan campaigns. Well-designed anti-drug campaigns can make a significant difference. Posters, videos, and workshops in schools can deliver powerful messages about the dangers of drugs. Community focused efforts like rallies, and social media challenges can encourage positive conversations. Rotarians can collaborate with other NGOs, local communities and schools for these campaigns and reach even the most vulnerable children. The louder and more consistent the message, the harder it becomes for drug abuse to take root.

Awareness is the first step. Both parents and children need to be aware. Parents need to be able to recognize warning signs and talk openly about the risks of drugs without moralizing or shaming. Schools must integrate drug education into the curriculum, as programs that resonate with young minds. Rotary can create campaigns that support these efforts.

Awareness alone will not solve the problem, but it will lay the foundation for prevention. Awareness equips children to make informed choices and builds a culture where saying "no" is not uncool but smart.

If we continue to look away, we will be complicit in a crisis that is looming ahead for our children. It is time to stop whispering about drug abuse and bring the conversation out in the open.

**Yours in Rotary**

**Daksha Bhat**

**"Our differences make us stronger;  
let's celebrate diversity."**

**- Paul Harris**





OCTOBER 2025

- 07

Weekly Meeting

Protein Powder distribution at Yeddapalli
- 08

Eye Camp- Kodamalai Hatty Coonoor
- 10

Eye Camp - United Insurance Coonoor
- 11

Protein Powder distribution at Coonoor Health Centre

District Strategic Meet
- 14

Weekly Meeting
- 17

Eye Camp - DSSC Coonoor
- 28

Weekly Meeting

Protein Powder distribution for Ottuparai
- 29

Eye Camp – Sisters Home Kotagiri
- 31

Eye Camp - Municipality Coonoor



Rtn Shirley stands next to her photograph installed in the Arch Klumph Gallery, prior to being inducted into the prestigious Arch Klumph Society at the Rotary Foundation in Chicago







Rtn Lt Gen Girish introduced and felicitated the staff members for their dedicated service in the various Rotary projects. The staff of the ambulance team, Mr Ismail, Mrs Archana, Mr Johnson Vignesh, the crematorium team Mr. Kaali, Mr. Nandankumar, and Mrs. Jeevitha who manages the buggy at Lawley hospital were present.





## Events

Protein powder supplement tins were distributed to 178 expectant mothers at three health centres, Yedapalli, Coonoor and Ottapatarai. Rtn Javerilal, Rtn. Colaso, Rtn Daksha, Rtn Asha Wazir, Rtn Mukund, Ann Reeba Cherian and Ann Esther Colaso participated in the distribution. This was done as a part of the Rotary maternal and child health initiative.





## Events



A group of Rotarians from Gudalur including the AG Rtn Prakash, the President of RC Gudalur Valley, Rtn Diwakar, and Rtn Govindaraj visited our Crematorium on the 28th of October to see it in detail and understand the functioning.

# NOVEMBER



Rotary  
The Nilgiris



# Rotary Foundation Month



## Events



Rtn Sanjay Khanna informed the members about the progress at the PUMS Bettati school. Structural repair works have begun. The stage will be tiled with antiskid tiles, the roofs will be painted and the leaks in the roofs will be repaired.

Rtn Raunak Jain is working on beautifying the school grounds. He will also be creating an amphitheatre like sitting place there as a personal contribution to the school.

Boards with the school name on it will be placed on the road side wall.

The children will be getting new uniforms with T-shirts following a house colour system.

School bags and ID tags have been distributed.







Secretary Rtn Daksha Bhat attended the District Strategic Planning Meet at Ooty on 11<sup>th</sup> & 12<sup>th</sup> of October.

## The 4 Way Test

of the things  
we think,  
say, and do



1 is it the Truth

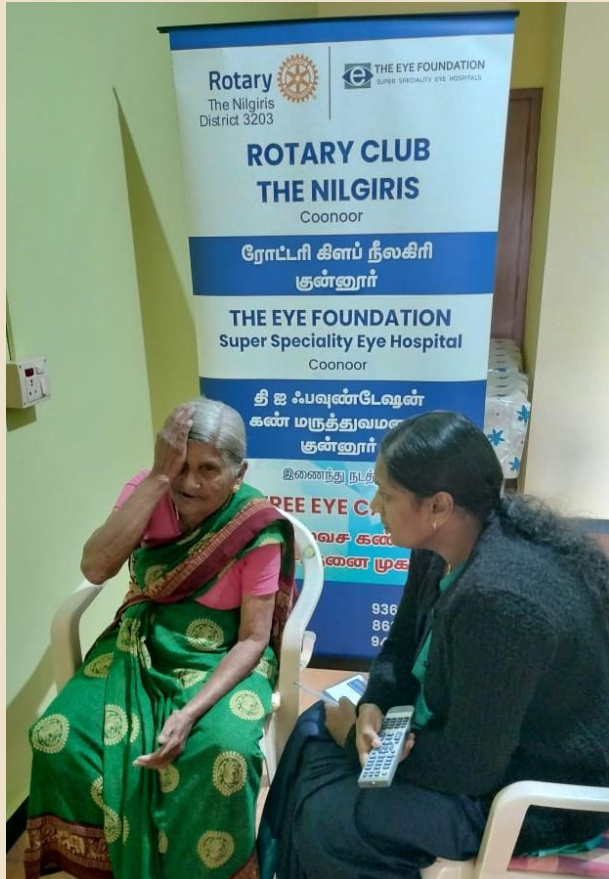
2 is it Fair to all concerned

3 will it be Beneficial to all concerned

4 will it build Goodwill & better Friendships



# Eye Camps



Sisters Home Kotagiri



United Insurance



Kodamalai Hatty



DSSC Coonoor



# November



## Birthdays

05 Rtn Charles Nathan

09 Annet Siddharth Wazir S/o Rtn Asha Wazir

10 Ann Andrew Spouse of Rtn Sheela Bhasin

11 Annet Harish S/o Rtn Javrilal Parikh

12 Rtn R Muralidharan

13 Rtn Psyche Nigam

Annet Jude S/o Rtn Colaso Jeyprakash

19 Ann Surinder Wazir Spouse of Rtn Asha Wazir

21 Ann Kanakaltha Spouse of Rtn Mukund

26 Ann Shajiyem Shaji Spouse of Rtn Shirley George

30 Annet Nilesh S/o Rtn Javrilal Parikh

## Anniversaries

02 Rtn Shirley George

21 Rtn Sanjay Khanna

29 Rtn Raunak Jain

